



Earn up to
\$780
per year!

Rewards

It's easy to earn rewards by making healthy decisions. Choose your healthy activities and watch your rewards add up. The more you do, the more you'll earn—up to \$480 in Healthy Incentive Credit (HIC) for 2027 AND up to \$300 in Rewards Cash in 2026.

Complete one of the following options to earn your rewards:

Complete by September 30, 2026	Annual Physical or a Well-Woman Exam Option 1	\$480 in Healthy Incentive Credit (HIC) for 2027
	or	
	Biometric Fast Pass Option 2	
	or	
	Reach Level 2 for Q1, Q2 and Q3	\$160 per quarter

Total Healthy Incentive Credit (HIC) for 2027 = \$480

Participate in additional healthy activities throughout the year to earn points and watch your Rewards Cash for 2026 add up.

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	Total rewards per quarter
Points	2,000	6,000	14,000	20,000	
Rewards Cash	\$10	\$15	\$20	\$30	\$75

Rewards Cash Annual Max: \$75 x 4 quarters = \$300

*Rewards Cash received as part of the DuPont Healthy Living Program is reportable as taxable earnings; however, DuPont will cover the tax on monthly Rewards Cash. You will see Rewards Cash reported monthly on your pay statement as Non-cash AWD GU, and the additional earnings provided by DuPont to cover tax assessed on Rewards Cash will be reported as NCAwdTx.



Ways to earn:

Look for **How to Earn** in your account for a complete list of all the ways you can earn points.

	Do healthy things:	Earn points:
Getting started	Complete registration	100
	First login to mobile app	250
	Connect first activity device	200
Daily	Upload steps from your activity tracker (per 1,000 steps)	10
	Do your Daily Cards (2 per day)	20
	Track your Healthy Habits (3 per day)	10
	Track sleep nightly	20
	Sleep > 7 hours in a night	50
	Complete a RethinkCare session	20
Monthly	Browse healthy recipes	10
	Complete a step in Journeys®	20
	Win the promoted Healthy Habit challenge	200
	★ Complete 20 Daily Cards in a month	200
	★ Track Healthy Habits 20 days in a month	300
	★ Track sleep 10 days in a month	100
Quarterly	★ Take 7,000 steps 20 days in a month	400
	Take validated measurements	250
	Join the company challenge	100
	Complete a coaching appointment	500
Yearly	Choose your eating type	250
	Choose your sleep profile	250
	Set your interests	100
	Complete 2 preventive care activities	1,000

More information

Complete 1 of 2 Fast Pass options by September 30, 2026, to earn the full \$480 in Healthy Incentive Credit for 2027.

Option 1: Complete an Annual Physical or a Well-Woman Exam.

Option 2: Complete a biometric screening.

Visit the **Programs** page for details on both options.

Who's eligible?

All employees are eligible to participate in the wellbeing program and earn rewards.



Not a member yet?

Get the mobile app or visit:
www.myhealth.dupont.com