

# Are you ready to live a healthier life?



**Weight loss is a journey. The CVS Weight Management™ program is here to help you every step of the way.**

The program provides the customized support you need for lasting results. The program will help you reach your health goals through:



**One-on-one support** from a team of clinicians, including providers and registered dietitians



**A nutrition plan** personalized just for you, tailored to meet your individual needs



**Connected body weight scale** and other devices, as applicable, to support and track your progress



**Health Optimizer™ app** with helpful guides, recipes, goal setting and much more

Your team of clinicians is ready to help you achieve and maintain a healthy body weight. Let us give you the tools and resources you need for success.

**We'll be in touch soon with more details on your next steps.**

This program is available if you meet certain eligibility requirements.

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