## ACCOLADE MATERNITY PROGRAM

Pregnancy is a time of great joy, but it often brings many questions (and maybe a few worries). Fortunately, you have access to Accolade's Maternity Program at no additional cost, thanks to DuPont.

## Expanding your family?

Enroll in Accolade's Maternity Program to connect with an experienced Maternity Nurse to support you during your pregnancy and answer any questions or concerns — even after the baby arrives! Accolade Maternity Nurses do not replace your provider, but empower you to strengthen your communication and relationship with your entire medical team so you get the best possible care.

## It's easy to get started.

Once you learn you are pregnant, enroll in the Accolade Maternity Program. Call 877-383-4756 and ask to speak with a Maternity Nurse. You will then complete a 15-minute assessment and receive guidance on topics to discuss and questions to ask your physician or midwife. We will take as long as you need to help you feel prepared for your next appointment.

After enrollment, your Accolade Maternity Nurse will send you personalized educational materials to support your specific pregnancy care needs. We will call you throughout your pregnancy to further assist you in getting ready for birth and taking care of your new baby.

Ask your Maternity Nurse questions like these:

- Do I qualify for a free breast pump?
- Where can I go for lactation support?
- What are the top dos and don'ts for expectant moms?
- How do add my baby to our health plan?
- And so much more!

Participation in Accolade's Maternity Program is completely confidential. Your employer will not receive any information about your maternity assessment.

Accolade does not practice medicine or provide patient care. We are an independent resource to support and assist you as you use the healthcare system and receive medical care from your own doctors, nurses and healthcare professionals. If you have a medical emergency, please contact 911 immediately.