



**Earn up to
\$780
per year!**

Rewards

It's easy to earn rewards by making healthy decisions. Choose your healthy activities and watch your rewards add up. The more you do, the more you'll earn—up to \$480 in Healthy Incentive Credit (HIC) for 2026 AND up to \$300 in Rewards Cash in 2025.

Complete one of the following options to earn your rewards:

Complete by September 30, 2025	Annual Physical or a Well-Woman Exam Option 1	\$480 in Healthy Incentive Credit (HIC) for 2026
	or	
	Biometric Fast Pass Option 2	
	or	
	Reach Level 2 for Q1, Q2 and Q3	\$160 per quarter

Total Healthy Incentive Credit (HIC) for 2026 = \$480

Participate in additional healthy activities throughout the year to earn points and watch your Rewards Cash for 2025 add up.

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	Total rewards per quarter
Points	2,000	6,000	14,000	20,000	
Rewards Cash	\$10	\$15	\$20	\$30	\$75

Rewards Cash Annual Max: \$75 x 4 quarters = \$300

*Rewards Cash received as part of the DuPont Healthy Living Program is reportable as taxable earnings: however, DuPont will cover the tax on quarterly Rewards Cash. You will see Rewards Cash reported quarterly on your pay statement as Non-cash AWD GU, and the additional earnings provided by DuPont to cover tax assessed on Rewards Cash will be reported as NCAwdTx.



Ways to earn:

Look for **How to Earn** in your account for a complete list of all the ways you can earn points.

	Do healthy things:	Earn points:
Getting started	Complete registration	100
	First login to mobile app	250
	Connect first activity device	200
Daily	Upload steps from your activity tracker (per 1,000 steps)	10
	Do your Daily Cards (2 per day)	20
	Track your Healthy Habits (3 per day)	10
	Track sleep nightly	20
	Sleep > 7 hours in a night	50
	Complete a RethinkCare session	20
	Browse healthy recipes	10
	Complete a step in Journeys®	20
	Win the promoted Healthy Habit challenge	200
	Monthly	★ Complete 20 Daily Cards in a month
★ Track Healthy Habits 20 days in a month		300
★ Track sleep 10 days in a month		100
★ Take 7,000 steps 20 days in a month		400
Take validated measurements		250
Join the company challenge		100
Complete a coaching appointment		500
Quarterly	Choose your eating type	250
	Choose your sleep profile	250
	Set your interests	100
Yearly	Complete 2 preventive care activities	1,000

More information

Complete 1 of 2 Fast Pass options by September 30, 2025, to earn the full \$480 in Healthy Incentive Credit for 2026.

Option 1: Complete an Annual Physical or a Well-Woman Exam.

Option 2: Complete a biometric screening.

Visit the **Programs** page for details on both options.

Who's eligible?

All employees are eligible to participate in the wellbeing program and earn rewards.



Not a member yet?

Get the mobile app or visit:

www.myhealth.dupont.com