



## **Opioid Medication Controls**

DuPont is committed to offering you high-quality, affordable healthcare. In support of this goal, we're working in partnership with our plan's prescription benefit manager, CVS Caremark, to limit the potential risks associated with prescription opioids. Opioids can be very effective for managing pain but are also very powerful. They can also cause a number of side effects and, in some patients, can lead to dependence.

This service is designed to help you make good decisions about taking opioid medications.

### **How does the service work?**

If you are prescribed an opioid medication, CVS Caremark may contact you by mail or phone to offer assistance and tips designed to help you maintain healthy habits for taking your medication as prescribed. They have also put steps in place to make sure you're receiving the appropriate opioid prescription. To help avoid the potential for addiction, quantity limits of up to a 7-day supply will apply to initial opioid medications. For children 19 years or younger, a 3-day supply limit of short acting opioids will be applied. Also, for instances of prescribed extended release and immediate release opioids, there are additional therapy limits. If there are unusual situations for this initial prescription that would require a larger quantity, your doctor should contact CVS Caremark to authorize additional amounts.

DuPont is providing this service to you through your prescription benefit to help you and your family stay healthy. In the event opioids have been misused, DuPont has partnered with CVS Caremark to provide free generic medications before meeting your deductible to treat withdrawal symptoms of substance abuse.