

Navigating your healthcare benefits is easy. Just ask Accolade.

You and your family can ask Accolade for help with medical, Rx, and behavioral health benefits questions, big or small. Connect with an Accolade Health Assistant who will take the time to get to know you and understand your needs, while partnering with a team of doctors, nurses and benefits specialists to help support you each step of the way and guide you to the right care.

Accolade is a confidential service provided by DuPont at no cost to you.

You can ask your Health Assistant questions like these:



Is this procedure going to be covered?



Why was I billed for this test?



When am I eligible for benefits election?



Can you help me find an in-network provider?



I was just diagnosed with diabetes - now what?



What questions should I ask my doctor?

"My Health Assistant was very informative and explained everything in a way I could understand. She was very kind and helpful. It's nice to have a program like this for me to rely on and be able to talk to the same person who knows my situation." — Accolade member

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Send secure messages on the go with the [Accolade mobile app](#)

Call

[877-383-4756](tel:877-383-4756)
Monday - Friday, 8AM - 11PM ET
Nurses also available after hours

Visit

member.accolade.com

Call or message a Health Assistant today. Visit member.accolade.com or text 3YRK to 67793 to download the [Accolade mobile app](#).

One message per request. Message and data rates may apply. Visit accolade.com for privacy policy and terms of use.

